



KIM'S WHITE TIGER TAEKWONDO



TESTING APPLICATION
PROMOTION TO HIGH WHITE BELT



KIM'S WHITE TIGER TAEKWONDO

LAST NAME:	
FIRST NAME:	DOB:
DATE OF TESTING:	
APPLICATION DUE: Tuesday before test by 7:30pm	
TEST TIME: Low rank test time (see your schedule)	
TESTING FEE: Check the appropriate fee rate *Cash Only! Payment in exact amount of CASH. \$3 1 board for front Snap Kick + \$35 if turned in BEFORE 7:30pm on application due date \$45 if turned in AFTER 7:30pm on application due date \$50 for private test by appointment - see office \$25 If you would like to order the "Parent's Award Trophy" Please check the line and add \$25 to your test fee. _____	

**Do not write in the box below
-for judges only**

BASICS

- 1. Punch..... A A- B B- C C- D E F
- 2. Snap Kick..... A A- B B- C C- D E F
- 3. Stance A A- B B- C C- D E F

HAND TECHNIQUES

- 1. Blocks..... A A- B B- C C- D E F
- 2. Attacks..... A A- B B- C C- D E F
- 3. Turning..... A A- B B- C C- D E F

POOM-SAY/FORM GI-BONE HYUNG 1

- 1. Coordination..... A A- B B- C C- D E F
- 2. Key-hap/yell..... A A- B B- C C- D E F
- 3. Power..... A A- B B- C C- D E F

BREAKING..... A A- B B- C C- D E F

TERMINOLOGY... A A- B B- C C- D E F

(the take home worksheet on back of this application)

GENERAL REMARKS

- 1. Discipline..... A A- B B- C C- D E F
- 2. Attitude..... A A- B B- C C- D E F
- 3. Concentration.. A A- B B- C C- D E F

Comments

- READ AND CHECK THE FOLLOWING BOXES:**
- Yes, I understand that this application may be turned in early, and absolutely **MUST BE turned in by 7:30pm on the Tuesday before testing to receive the discounted testing fee price.**
 - I will break a board at test. Board fees are added to the test fee. Board will be provided at the test
 - After receiving my yellow belt I understand I will be eligible to testing for sparring. Sparring gear is available at Kim's White Tiger proshop.
 - I may submit this application after earning my 4 stripes.

- ANSWER IF THE APPLICANT IS OF SCHOOL AGE:**
- Yes, I have attached a home report card graded by a parent or guardian.
 - Yes, I have attached a copy (It will not be returned) of my latest school report card. If I turned in the latest version of the report card at the last testing, I will not turn it in again, it may used only once. I may use the school copier at 25cents per page or provide my own copies.
 - Yes, this applicant received a **perfect school report card** and is eligible for the Taekwondo Academic Achievement Award. Applications without school report cards attached will not be considered for the award.

RESULTS
PASS FAIL HOLD

PAID

- Parents, please circle the grade applicable on this form and return with testing application.
- Use the scale: A=Excellent, B=Good, C=Fair, D=Poor (see office), F=Unacceptable (see office).
- Students are expected to make improvements on home report cards as their rank increases.
- Some listings have modifications to be age specific.

	Poor	Fair	Good	Very Good	Excellent
Understands that stances are important and strives to do correctly					
Knows how to fold the uniform					
Reads posters and notices up at the school					
Knows the teachers' names					
Chooses the best classes for their skill level					
Read the information board to know about upcoming events					
Does not get frustrated if their skills are not the same as higher ranks					
Practices stretching everyday to gain flexibility					
Learns how to hit the target with accuracy before you add all your power					

SELF-DISCIPLINE

(this means completing a chore without having being TOLD to do it.)

	Poor	Fair	Good	Very Good	Excellent
Pick up my clothes, put away my things, make/get into bed by myself					
Complete homework					
Practice <i>poom-sae</i> when not in class					
Taking care of uniform: washing/folding/packing					
Appreciate different cultures and customs					
Brush teeth/take bath nails trimmed/hair neat					

RESPECT

	Poor	Fair	Good	Very Good	Excellent
Listen to and respect parents/grand parents/teachers					
Share with brothers and sisters/friends					
Honesty to parents					

As you are aware, the physical development of our students is only a small part of what the Kim's White Tiger program offers its students. In addition to physical skills, we put a heavy emphasis on the development of the "Three C's" – character, concentration and confidence. With this in mind, we are asking for your feedback in the form of a "letter of recommendation" stating why your child should be eligible to test for a new belt rank. In this letter, we ask that you share the positive benefits/changes Martial arts training has had on your child. Not only does this give instructors a barometer for the effectiveness of our program, but more importantly, when shared with our students it gives them tremendous incentive for continuing to develop in these important areas in the future. Please take a few minutes to write down your thoughts. In order to give us ample time to review these prior to testing, we ask that you return this along with your child's testing application.

Signed: _____ Relationship to student: _____