


CLASS SCHEDULES



2221 CROSS TIMBERS RD, #133, FLOWER MOUND, TX 75028/ TEL. (469) 993-6558 WWW.KIMSWHITETIGER.COM / GOKIMSWHITETIGER@GMAIL.COM

TaeKwonDo	MON	TUE	WED	THU	FRI
4:30 PM TO 5:10 PM	White & Yellow Family 5 years old & up	NEW Yellow & Green Family 5 years old & up	White & Yellow Family 5 years old & up	Yellow & Green Family 5 years old & up	White & Yellow Family 5 years old & up
5:10 PM TO 5:50 PM	Yellow & Green Family 5 years old & up	NEW Blue & up Family 5 years old & up	NEW Yellow & Green Family 5 years old & up	NEW Blue & up Family 5 years old & up	5:10PM-5:25PM Weapon [BBP]
5:50 PM TO 6:20 PM	Tiger Tot 3-5 years old All Belts	Tiger Tot 3-5 years old All Belts	Tiger Tot 3-5 years old All Belts	Tiger Tot 3-5 years old All Belts	5:30PM-6:10PM Green & Up Family
6:20 PM TO 7:00 PM	Blue & up Family 5 years old & up	White & Yellow Family 5 years old & up	NEW Demo Team [BBP]	White & Yellow Family 5 years old & up	6:10PM-6:40PM Tiger Tot All Belts
7:00 PM TO 7:40 PM	NEW Leadership Team [BBP]	All Belts Teen & Adult	NEW Green & up Family 5 years old & up	All Belts Teen & Adult	

AFTER SCHOOL SCHEDULE

1. Tiger Tots are for 3~5 (Early) years old kids (Parent participation is allowed)
 2. If you will not be attending class for 1 week or more, please notify the office.
 3. A student is ready to test for his/her next belt when they have "all stripes"
 4. Please take note of the effective date on the schedule as changes do occur.
 5. Appointments for birthday parties, private lessons and introductory lessons are available at the office.
 6. Taking two classes on one day is not allowed except for BBP members.
 7. Kim's White Tiger will be closed when Public school is closed due to inclement weather.
 8. Sparring equipment is mandatory for ALL sparring classes for safety.
 9. Tae Kwon Do classes are not held on testing days & belt ceremony days.
- * Be sure to come to class at least 10 minutes before it starts *
- Demonstration and Group Trial Lessons are available upon request.**
- Please see the office manager if you are interested in arranging a performance for schools, churches, major/minor events or any other group!**

3:00 PM TO 3:15 PM	Buses pick up students and bring to our school
Arrival TO 3:25PM	Change Tae Kwon Do uniform
3:30 PM TO 4:10 PM	Snack Time or Tae Kwon Do -All Belts(*All belts class is not mandatory.)

AFTER SCHOOL	MON	TUE	WED	THU	FRI
4:30 PM TO 5:10 PM	White & Yellow Family 5 years old & up	Yellow & Green Family 5 years old & up	White & Yellow Family 5 years old & up	Yellow & Green Family 5 years old & up	White & Yellow Family 5 years old & up
5:10 PM TO 5:50 PM	Yellow & Green Family 5 years old & up	Blue & up Family 5 years old & up	Yellow & Green Family 5 years old & up	Blue & up Family 5 years old & up	5:10PM-5:25PM Weapon[BBP]
4:30 PM TO 6:00 PM	Homework Time <i>*Parents begin to pick-up children between 5:10 PM to 6:00PM</i>				

If your school district occasionally (or regularly) schedules an early dismissal day. We just expand the physical activity to accommodate the extra time.

KWTT | SPARRING BOARD BREAKING

Sparring Week

Jan	7 - 11,	2019
Feb	11 - 15,	2019
Mar	11 - 15,	2019
Apr	8 - 12,	2019
May	6 - 10,	2019
Jun	3 - 7,	2019
July	8 - 12,	2019
Aug	5 - 9,	2019
Sep	2 - 6,	2019
Oct	7 - 11,	2019
Nov	4 - 8,	2019
Dec	9 - 13,	2019



This week, Yellow Belt & up must bring sparring gear every class.

Board Breaking Week



****Cash or check**
1 board = \$3.00
2 boards = \$5.00

This week, you will be able to buy boards to break during class!
 During this week, you may purchase boards at the front office and bring them to class to practice your breaking technique.

Jan	14 - 18,	2019
Feb	18 - 22,	2019
Mar	18 - 22,	2019
Apr	15 - 19,	2019
May	20 - 24,	2019
Jun	10 - 14,	2019
July	15 - 19,	2019
Aug	12 - 16,	2019
Sep	9 - 13,	2019
Oct	14 - 18,	2019
Nov	18 - 22,	2019
Dec	16 - 20,	2019

KWTT

PROMOTION BELT TESTING

KIM'S **WHITE TIGER**
TAEKWONDO



May 2018 - Low Belt Only
Jul 2018 – Low Belt & Middle Belt
Sep 2018 – Low Belt & High Belt
Nov 2018 - Low Belt & Middle Belt
Jan 2019 – Low Belt Only
Mar 2019 – All Belt

May 2019 - Low Belt Only
Jul 2019 – Low Belt & Middle Belt
Sep 2019 – Low Belt & High Belt
Nov 2019 - Low Belt & Middle Belt
Jan 2020 – Low Belt Only
Mar 2020 – All Belt

*Testing Dates are TBD. Please check back on our TV by the door, or our official Facebook Page.

Every Two Months.

LOW BELT

WHITE BELT

HIGH WHITE BELT

YELLOW BELT

HIGH YELLOW BELT

Every Four Months.

MIDDLE BELT

GREEN BELT

HIGH GREEN BELT

BLUE BELT

HIGH BLUE BELT

Every Six Months.

HIGH BELT

RED BELT

HIGH RED BELT

*Low Belt Testing held every Two Months.

*Middle Belt Testing held every Four Months.

*High Belt Testing held every Six Months.